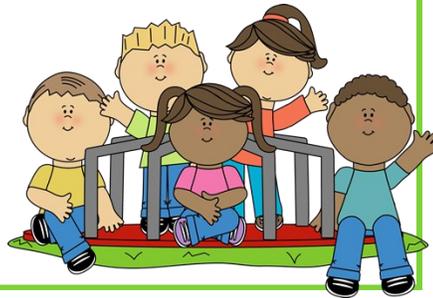




June Newsletter

Monthly Themes

June 3rd-7th: Insects
 June 10th-14th: Camping
 June 17th-21st: Summer Fun
 June 24th-28th: Summer
 Camp Begins!



upcoming birthdays



- ◆ Andrew R. - June 9th
- ◆ Grace H. - June 10th
- ◆ Drew B. - June 13th
- ◆ Kayla K. - June 16th
- ◆ Julianna T. - June 17th
- ◆ Carson B. - June 20th
- ◆ Kayla B. - June 24th
- ◆ Noah P. - June 24th
- ◆ Ian B. - June 25th
- ◆ Weston A. - June 28th

5 Steps to Sun Safety for Kids



The Skin Cancer Foundation estimates that 80% of lifetime sun exposure occurs during childhood. Protect your children by following these tips from the American Academy of Dermatology and the American Academy of Pediatrics:

Limit outdoor playtime between 10a.m. and 4p.m. Avoid unnecessary exposure when the sun's rays are at their strongest. Even on cloudy or cooler days, ultraviolet (UV) rays remain strong. Shady spots can be just as tricky because of reflected light. If your child is playing outdoors during these hours, make sure to apply sufficient

Sunscreen.

Apply sunscreen properly. Generously apply sunscreen 30 minutes before your child goes out in the sun. Choose a sunscreen with SPF (Sun Protection Factor) 15 or higher. Don't forget nose, ears, hands, feet, shoulders, and behind the neck; lips can also burn, so apply a lip balm with SPF protection. Reapply sunscreen every 2 to 3 hours, or after sweating or swimming.

Cover up. Wearing protective clothing and hats is one of the most important ways of warding off UV damage. When wet, light-colored clothing transmits just as much sunlight as bare skin.

Keep watch on medications. Some medications increase the skin's sensitivity to the sun, so make sure to ask your doctor whether your child may be at risk.

Set a good example for your kids. If children see you following sun-safety rules, they'll follow suit. Skin protection is important for every member of the family, so team up with your children to stay protected.



"We never know the love of a parent until we become parents ourselves."
 -Henry Ward Beecher

Special Days in June

- ◆ **June 13th:** Camp Out Day
- ◆ **June 16th:** Father's Day
- ◆ **June 20th:** Senior Graduation!

Teacher Spotlight



Mrs. Lisa

Mrs. Lisa has been with Childrens' Kastle since 2008. She has her BS in Elementary Education and MS in Curriculum and Instruction. When you walk into Mrs. Lisa's preschool classroom, you know instantly that she is a terrific teacher! Mrs. Lisa prepares each of her students for success in kindergarten and throughout the rest of their lives in school. She understands each child's skill level and the appropriate curriculum to guide them into success. Preschool is where the foundation for learning begins. Mrs. Lisa inspires, motivates, and equips students for their future education! Please join us in recognizing one of our fabulous teachers here at Childrens' Kastle!



Happy Father's Day!

"Walk a little slower Daddy,"
Said a child so small.
"I'm following in your foot-
steps,
And I don't want to fall.



Sometimes your steps are very fast,
Sometimes they're hard to see,
So walk a little slower, Daddy,
For you are leading me.

Someday when I am all grown up,
You're what I want to be.
Then I will have a little child,
Who will want to follow me,

And I would want to lead just right,
And know that I was true,
So walk a little slower, Daddy,
For I must follow you."

Happy Father's Day to all of our awesome
Childrens' Kastle Dads!

From the Office

Senior Graduation

Thursday, June 20th at 7:00 pm

Located at Love Joy Church
5423 Genesee Street
Lancaster, NY 14086



Summer Camp Reminders:

Summer Camp is quickly
approaching! Make sure your
child brings in a **water bottle**,
sunscreen, **bathing suit**, **towel**,
water shoes, and **sneakers**!

